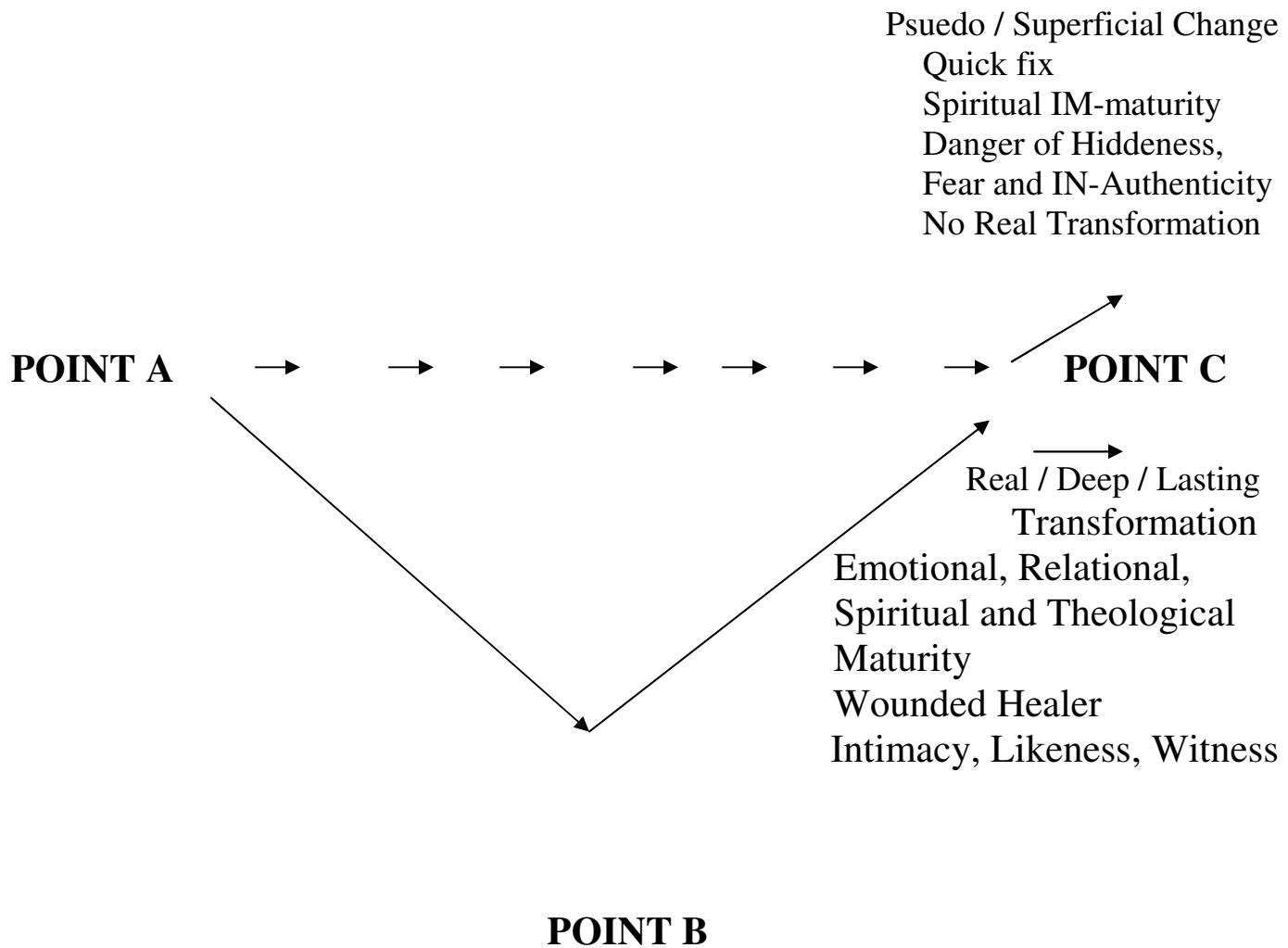


## The Process Canyon



# Our Goals in the Process Canyon

# Are NOT Fixing

# Giving Answers Easy Solutions

## ARE Growth / Maturity

# **Likeness, Intimacy, Witness**

## On the A → B and the B→ C Slopes

Being Real and Telling our journey to others – warts and all

We are Confessing / Repenting

We're praying - **Ps 139:23-24**

Reflecting on / dealing with Hard Questions

We're receiving from others - Healing Prayer- Listening – Dialogue - Encouragement - Exploration - Discovery – Insight

We may be in Counseling

With others in Accountability

We are also - **Facing** Fears - Confusion - Insecurities - **Entering** our Brokenness

We are **searching / studying / meditating** on the scriptures and Unlearning bad theologies

We are also Unlearning Unhealthy Patterns of relating to people and dealing with our emotions

We are practicing Spiritual Disciplines

We are letting go of unhealthy relationships and people in our lives

**We are Transforming** into the person God intended us to be